

**DECEMBER 2019**

**Monday**

2

**COLD PLATE**

Chicken Fiesta Salad  
(Black Beans, Corn, Cheese,  
Onions, Salsa, Mixed Greens)  
Pork Posole Soup  
Ranch Dressing  
Tortilla Chips  
Citrus Fruit



**Tuesday**

3

All American Hot Dog  
w/Cheese & Onions  
Chicken & Orzo Soup  
Baked Beans  
Creamy Coleslaw  
Catsup. Mustard. Relish  
Bun  
Chocolate Pudding  
(Banana)

**C.C. CAFÉ**

**Wednesday**

4

Seafood Newburg Casserole  
(with Shrimp & Mock Crab)  
over Wild Rice  
Steamed Spinach  
Mixed Green Salad  
w/Honey Mustard Dressing  
Fresh Fruit

**RSVP 1 DAY IN ADVANCE  
BEFORE 12:30pm  
510- 215-3098**

**Thursday**

5

Swiss Beef Patty  
Capri Vegetables  
Mashed Potatoes  
Whole Grain Roll w/Butter  
Orange Gelatin w/Mandarins  
(Diet Orange Gelatin  
w/Mandarins)

**DECEMBER 2019**

**Friday**

6

Chicken Tamale  
w/Enchilada Sauce & Cheese  
Apple Juice  
Mexicali Corn  
Broccoli Florets  
Sherbet  
(Pears)

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9

Beef Sukiyaki  
Steamed Rice  
California Vegetables  
Green Salad  
w/1000 Island Dressing  
Fortune Cookie  
Fresh Fruit



10

Breaded Pollock Fillet  
w/Lemon Slice  
Clam Chowder  
Mixed Vegetables  
Seasoned Potato Wedges  
Tartar Sauce  
Sliced Peaches

11

Turkey Divan  
Fruit Punch  
Sliced Carrots  
Brown Rice  
Fresh Orange

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12

**EL CERRITO  
HOLIDAY PARTY**  
Oven Fried Chicken  
Lentil Soup  
Tender Green Beans  
Macaroni and Cheese  
Confetti Coleslaw  
Oatmeal-Raisin Pecan Cookie  
(Mixed Fruit)

13

**SAN PABLO  
HOLIDAY PARTY**  
Pot Roast w/Gravy  
Peas w/Pearl Onions  
Mashed Potatoes  
Tossed Salad  
w/Blue Cheese Dressing  
Banana Pudding  
(Banana)

16

**COLD PLATE**  
Mock Crab Salad Sandwich  
w/Lettuce, Tomato & Onion  
Chicken Noodle Soup  
Carrot Raisin Salad  
Marinated Beets & Onions  
Sourdough Bread  
Tropical Fruit



17

Chicken & White Bean Chili  
Orange Pineapple Juice  
Vegetable Bean Medley  
Stewed Tomatoes  
Cornbread w/Butter  
Fresh Fruit

18

**HERCULES  
HOLIDAY PARTY**  
Spaghetti & Meatballs  
w/Parmesan Cheese  
California Vegetables  
Green Salad  
w/Creamy Italian Dressing  
Vanilla Ice Cream  
(Fruit Cocktail)

19

**RODEO  
HOLIDAY PARTY**  
Virginia Baked Ham  
w/Honey Mustard Sauce  
Mixed Vegetables  
Spinach Salad  
w/Champagne Vinaigrette  
Wild Rice  
Frosted Marble Cake  
(Fresh Fruit)

20

Turkey Burger w/Cheese  
Split Pea Soup  
Italian Vegetables  
Seasoned Potato Wedges  
Lettuce, Tomato & Onion  
Catsup. Mustard & Mayo  
Bun  
Raspberry Gelatin w/Pears  
(Diet Raspberry Gelatin  
w/Pears)

23

Buffalo Chicken Drumsticks  
Cream of Spinach Soup  
Potato Salad  
Celery Sticks  
w/Ranch Dressing  
Fudge Brownie  
(Fresh Apple)



24

**CHRISTMAS EVE  
HOLIDAY**

25

**CHRISTMAS  
HOLIDAY**

**SAN PABLO SENIOR CENTER CLOSED FROM 12/24/19 - 01/01/20. REGULAR BUSINESS HOURS WILL RESUME THURSDAY 01/02/20**

30

31

**SAN PABLO SENIOR CLOSED.**



= Item is higher in sodium  
\* = Vitamin C  
= Vitamin A  
( ) = Dessert of Choice  
All meals served w/low fat milk.



**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON DEC. 12, 13, 18 AND 19!  
4 DAILY ALTERNATE ENTRÉE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!**